QUESTIONS FOR FIRST CONSULTANT APPOINTMENT

If you're coming up to your first consultant appointment, here's a handy list of questions you might want to ask. Jot down the answers so you don't forget.

If this is helpful, please share your thoughts on social media using the hashtag **#PracticalGuidetoTwinsTripletsandMore** and tag me **@TalesofaTwinMum** on Instagram, Twitter and Facebook. Go on, make my day ☺

Questions	Answers
What is the hospital's policy on multiple birth delivery?	
Is it possible to see the hospital's written multiple birth protocol?	
How often will I be scanned?	
How often will I have midwife appointments and consultant appointments?	
Do multiple mums automatically get a private room in hospital after delivery?	
With a vaginal delivery, how much time is allowed between the first baby and second baby before intervention?	
Will I need to give myself the blood-thinning injection after the birth, and if so for how long?	
Can I expect any breast feeding support at the hospital?	
What SCBU/NICU facilities are there at the hospital? If facilities are limited, where is the nearest major SCBU/NICU unit?	
When will I be able to go on a tour of the hospital and will this include a tour of SCBU/NICU?	
Does the hospital run a multiples-specific antenatal class? If so, how do I book onto this? If not, is it worth attending the general hospital antenatal class?	
Who will be in the delivery room?	
Are there any things I should be especially concerned about/aware of based on the scans so far?	

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