ULTIMATE HOLIDAY PACKING LIST FOR FAMILIES WITH MULTIPLES

Never forget essential baby items again. Print out this list for each trip or holiday and tick off as you pack, or even better, laminate it and reuse it!

If this list saves you time, please share your thoughts on social media using the hashtag #PracticalGuidetoTwinsTripletsandMore and tag me @TalesofaTwinMum on Instagram, Twitter and Facebook. I'd LOVE to see people using it.

SLEEP

- ☐ Travel cots/port-a-cots
- ☐ Travel cot sheets + spares
- ☐ Waterproof sheets (optional but useful for babies with reflux or toddlers that are toilet training)
- ☐ Vests, sleepsuits or pyjamas
- ☐ Baby sleeping bags
- ☐ Dummies
- ☐ Favourite teddies
- ☐ Favourite bedtime story book

EAT

- ☐ Steriliser
- ☐ Breast pump
- ☐ Formula (if used)
- ☐ Bottles and teats
- ☐ Drink beakers
- ☐ Portable high chairs
- ☐ Bibs
- ☐ Bottle warming flask
- ☐ Snacks and meals for the little ones during the journey
- ☐ Ready-made pouches/jars of food
- ☐ Plastic spoons and bowls

WEAR

- ☐ Clothes – take more than one outfit per day per baby/toddler so you don't run out
- ☐ Spare cloth for the journey for everyone (including you)
- ☐ Shoes + an extra couple of pairs for the kids in case any get lost
- ☐ Appropriate weather clothes: hats, gloves and wellies/gum boots for cold; swimmers, sun hats and UV swim suits for hot.

BATHE

- ☐ Face cloth
- ☐ Baby shampoo and body wash
- ☐ Baby lotion

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PLAY

- ☐ Favourite toys
- ☐ Books
- ☐ Swim nappies
- ☐ Arm bands/floaties/float seat
- ☐ Stickers
- ☐ Colouring books and crayons

TOILET

- ☐ Baby wipes
- ☐ Nappies
- ☐ Nappy bags
- ☐ Travel potty + bags for toilet training toddlers

HEALTH

- ☐ Thermometer
- ☐ Infant paracetamol and infant ibuprofen
- ☐ Plasters
- ☐ Antiseptic cream
- ☐ Sting relief cream
- ☐ Insurance paperwork if travelling abroad (get one with no/ low excess or a trip to the doctors with a high temperature could be very expensive.)

YOU

- ☐ Clothes
- ☐ Shoes
- ☐ Swimwear
- ☐ Make up
- ☐ Phone and charger
- ☐ Map or sat nav
- ☐ Guide book
- ☐ Sunglasses
- ☐ A good book (you won't actually get chance to read it but it feels good to pack on just in case!)

EXTRAS

- ☐ Suncream & after sun lotion
- ☐ Toothpaste + toothbrushes
- ☐ Hairbrush + hairbands
- ☐ Buggy + rain cover
- ☐ Slings
- ☐ Nappy bag to carry essentials on days out
- ☐ Plastic bags to use for rubbish or wet/dirty clothes during journey
- ☐ Travel tickets, passports and hotel confirmation
- ☐ Currency
- ☐ Camera + memory cards + charger
- ☐ iPad/tablet with games or TV shows to entertain toddlers
- ☐ Cool bag and block to keep food/milk cool during journey
- ☐ Nipple cream
- ☐ Breast pads
- ☐ Travel stair gate
- ☐ Umbrella
- ☐ Beach towels

If you think I've missed something, please email me karen@talesofatwinmum.com and let me know so I can add it to my list.

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